

Join us for Dying Matters Week 2025!

1ST - 7TH SEPTEMBER 2025

Dying Matters Week connects people across Aotearoa to start conversations in a safe space, learn from local experts and seek support to get affairs in order and navigate grief or loss.



PORIRUA & HUTT VALLEY PROGRAMME

MON 1ST SEPTEMBER

Dad, You've Got Dementia

with Kristen Phillips, Author

Porirua Library
FROM 1.30 - 2.30PM

TUES 2ND SEPTEMBER

Rituals in a Time of Grief Workshop

Te Omanga Hospice
11.00 - 12.00NOON

Restorative Yoga for Carers

with BeCalmed Studio's Janie Walker

Tireti Hall
11.30 - 12.30PM

Drop-in Session

with Melanie Humphries-Connolly, End of Life Doula

Whitby Library, Porirua
FROM 1PM - 2.30PM

WEDS 3RD SEPTEMBER

Advance Care Planning Workshop

with Sean Thompson

Titahi Bay Library
FROM 2PM - 4PM

Storytelling with Moira Wairama

War Memorial Library
FROM 10AM

Childhood Parental Bereavement

with Lee-Anne Duncan

Porirua Library
11.00 - 12.00NOON

Whakaahuru Singers

War Memorial Library
FROM 1PM

Hutt Valley Community Poetry and Music Performance

War Memorial Library
FROM 6PM - 7.30PM

THURS 4TH SEPTEMBER

Storytelling Session (English)

with Moira Wairama

Helen Smith Rm, Pātaka
FROM 10 - 10.45AM

Storytelling Session (Te Reo Māori)

with Moira Wairama

Helen Smith Rm, Pātaka
FROM 11:30 - 12:15PM

The Whakaahuru Gentle Singers

Helen Smith Rm, Pātaka
1PM - 1.30PM

Capturing Life Stories & Memories

with Nicola Kane

Helen Smith Rm, Pātaka
1.45PM - 2.30PM

THURS 4TH SEPTEMBER

Wills & Legal Matters

with Gault Mitchell Law

Helen Smith Room, Pātaka
FROM 3PM

Meditation and Singing Bowls

with Annette Burrell

Helen Smith Rm, Pātaka
FROM 4PM

Rituals in a Time of Grief Workshop

Te Omanga Hospice
7PM - 8PM

SAT 6TH SEPTEMBER

Whenua Tapu Crematorium Open Day

FROM 1PM

SUN 7TH SEPTEMBER

Porirua Death Cafe

with Melanie Humphries-Connolly

Porirua Library
FROM 1.30PM - 3PM



Register for local events
gowithgrace.nz/dyingmatters

**Webinars
& Podcasts
also available
online**

In partnership with

