



# Remembering Your Loved One

Death is a very personal experience. One way in which people choose to process their grief is through writing and art. We're inviting people in the community to remember their loved ones by writing a poem or short story or creating a piece of art.

## Creative Storytelling

By sharing stories about death and dying, we believe it helps us all to better understand these experiences, and be better prepared to not only support ourselves but also support others.

As part of Dying Matters Week 2025, poems, stories and art submitted online will be published on the Go With Grace website with a photo of your loved one (if provided) and also printed and displayed at event venues around New Zealand from 1st to 7th September.



Submit your poem, story or art by Friday August 22nd, 2025 at  
[gowithgrace.nz/dyingmatters/remembering](https://gowithgrace.nz/dyingmatters/remembering)

*Dying Matters Week is a chance for people of all ages to start conversations about death and dying, so we are all better prepared.*

See all events at [www.gowithgrace.nz/dyingmatters](https://www.gowithgrace.nz/dyingmatters)