



# Get your ducks in a row

*Now is always a good time to understand what is (and isn't) available, so you can be a good friend to your future self and plan appropriately.*



Where you live



Aged residential care



Care available



Your care team



Legal protections



Services

# Where you live

Location – how close are you to the hospital, aged residential care, and caregiver services?

Accessibility – steps? bathroom? Width of hallways? Do you have space for others to stay?

Transport options?

Equipment

Maintenance – how much work is involved in the upkeep of your property? Who can help with this?

What would it take to be able to move?

# Aged Residential Care

Levels of care

How to arrange admission

<https://www.eldernet.co.nz/>

How to pay for care:

- Residential care subsidy
- Residential care loan
- Self-fund

# Care available

Care available at home

- Publicly funded
- Privately funded

# Your care team

Who are your key support people?

- Family?
- Friends?
- Professionals?



thank you

QUESTIONS?