



# Dying Matters WEEK

**5th-11th August 2024 • Whangaparāoa Library**

**The Whangaparāoa Death Cafe Team is bringing Dying Matters Week to the Whangaparāoa Library.**

This event is a national initiative about encouraging people in the community to embrace conversations about death and dying. Throughout the week, you will have the opportunity to learn from people working in the 'death space' as you think about planning for your own end-of-life journey and death.

### Panel Discussions

Hear from representatives from Hospice, Aged Concern, Auckland Memorial Park and Cemetery, The Legal Team, funeral directors, end-of-life doulas and celebrants.

### Book Displays

Explore a curated collection of books for adults and children, about end-of-life and grief.

### Drop-In Stations

Following the Panel Discussions on Thursday 8 August, there will be an opportunity to talk one-on-one with specialists.

### Departure Lounge

Relax in a comfy space and connect with others. Browse a book, start conversations or explore resources such as conversation cards.

### Legacy Tree

List and hang your 'bucket list' of thoughts, ideas or what you wish to be remembered for.

### Schedule

- Monday 5th Aug 12pm-1pm
- Thursday 8th Aug 1pm-2pm
- Thursday 8th Aug 3pm-4:30pm
- Sunday 11th Aug 12pm-1pm

See all events at [www.gowithgrace.nz/dyingmatters](http://www.gowithgrace.nz/dyingmatters)

