



# *Dying Matters* WEEK

**5th-11th August 2024 • Canterbury**

*Dying Matters Week* is all about supporting people to start conversations, learn from experts, and feel empowered to put end-of-life planning in place to bring peace of mind to themselves and their loved ones.

Social worker and End of Life Doula, Liz Adcock-White from *The Fifth Season* and End of Life Doula, Julie Wells from *Path of the Heart* are bringing *Dying Matters Week* to Canterbury.

## **Kaiapoi Library**

- **Book display** – 5th – 9th August
- **Drop in chat with Liz** – Friday 9th August 1-2pm
- **Talk ‘An elephant in the room: talking about sad stuff’** with Liz Thursday 15th August, 5 – 6pm
- **Death Cafe** – 21st July, 2pm

## **Amberley Library**

- **Book display** – Whole of August
- **Drop in chat with Liz** – Thursday 8th August 1-2pm

## **Rangiora RSA**

- Free presentation by Julie, End-of-Life Doula **A Life Well Lived ...& Why Death Awareness Matters** Wednesday 7th August – session 1 (10 – 11:30am), session 2 (2 – 3:30pm)

## **Rangiora Library**

- **Book display** – 5th – 9th August
- **Drop in chat with Liz** – Wednesday 7th August 1-2pm
- **Talk ‘An elephant in the room: talking about sad stuff’** with Liz, Friday 16th August, 5-6pm
- **Death Cafe** – 18th August, 2pm

**Scorpio Books will be displaying a selection of fiction and non-fiction books for adults and children, about end-of-life and grief.**

See all events at [www.gowithgrace.nz/dyingmatters](http://www.gowithgrace.nz/dyingmatters)



*Scorpio Books*

