



Dying Matters WEEK

Poetry and Storytelling

Death is a very personal experience. One way in which people choose to process their grief is through writing. To celebrate *Dying Matters Week*, we're inviting people in the community to remember their loved one by writing a poem or short story.

Remembering Your Loved One

By sharing stories about death and dying, we believe it helps us all to better understand these experiences, and be better prepared to not only support ourselves but also support others.

Poems and stories will be printed and displayed as part of Dying Matters Week and published on the Go With Grace website with a photo of your loved one (if provided).

**Submit your poem or story by 30th July 2024 at
gowithgrace.nz/dyingmatters**

Dying Matters Week is a chance for people of all ages to start conversations about death and dying, so we are all better prepared.

See all events at www.gowithgrace.nz/dyingmatters